Book Club Discussion Questions for *The Art of Fear*

- 1. *The Art of Fear* is loosely based on a real-life friend's experience as a victim of sex trafficking. How would you react to discovering a friend of yours had to endure this? What feelings does it evoke in you to know this is real life for some people?
- 2. What do you think of the book's title, *The Art of Fear*? How do you think it relates to Ari's journey of self-discovery as she reinvents herself as a private investigator and faces her past?
- 3. If you could get to know one character in the book better, who would it be and why?
- 4. Tina and Ari became close friends very quickly. Do you think it's unusual for people to have an instant connection? Do you think their shared hurts were a part of why they grew so close? Have you ever made a fast friend?
- 5. What do you think drew Ari and Tristan together?
- 6. Tina's baby was stolen as an infant. Do you think she should give up looking, or do you think she should keep searching no matter how long it takes or how much it consumes her?
- 7. If you could ask the author one question about the book, what would it be and why?
- 8. Once upon a time Ari had a normal, wonderful family life. Then it was suddenly ripped away from her. How do you think something like that shapes Ari? How do you think it shapes real people in the world?
- 9. Do you think Ari's parents' reaction to losing Carli was normal—abandoning and blaming their other child? How do you feel toward Ari's parents as they grieved their loss in this way?
- 10. Ari struggled with suicidal thoughts, as many foster children do. As a result, she formed a support group to help others. What are your thoughts on support groups—are they more helpful or harmful for healing? Is it better to put pain in the past, or talk through it?

- 11. What, if any, mistakes do you think the killer made? Do you see killers as fallible humans?
- 12. Who did you think the killer was and why?

I hope you enjoyed the book as much as I enjoyed writing it. If you'd like to connect with me to share your thoughts, I love meeting my readers. Feel free to email me anytime at pamela@pamelacrane.com. Hugs!